



## Don't forget: Daylight Savings Time Begins March 13

### Observe A Holy Lent

With Ash Wednesday now behind us, we have entered the season of Lent. As you begin your Lenten journey, we invite you to ponder this traditional statement offered during many Ash Wednesday services:

#### Invitation to the Observance of Lenten Discipline

Dear brothers and sisters in Christ: the early Christians observed with great devotion the days of our Lord's passion and resurrection, and it became the custom of the Church that before the Easter celebration there should be a forty day season of spiritual preparation. During this season converts to the faith were prepared for Holy Baptism. It was also a time when persons who had committed serious sins and had separated themselves from the community of faith were reconciled by penitence and forgiveness, and restored to participation in the life of the Church. In this way the whole congregation was reminded of the mercy and forgiveness proclaimed in the gospel of Jesus Christ and the need we all have to renew our faith. I invite you, therefore, in the name of the church, to observe a holy Lent:

*By self-examination and repentance;  
By prayer, fasting, and self-denial,  
And by reading and meditation on God's Holy Word.*

### How Many Collections Does Our Library Contain?

Check out our library for these wonderful collections:

- Our **General Collection** includes fiction, theological topics, and biblical reference works. It is organized using the Dewey Decimal System and located around the large conference table and in the hallway toward the office.
- Our **Small Group Collection** has both single books and collections for use by groups. This collection is organized by topic and is located on the walls around the comfy chairs.
- Our **Stephen Ministry Collection** contains helpful books for those wrestling with topics from grief to cancer. These are located on the bookshelf which juts out from the wall overlooking the playground.
- Our **United Methodist Women Collection** contains books from each year's UMW reading list. These are found on the special bookshelf on the exterior wall across from the choir room.

### This Month's Special Offering— Family Promise of Roane County

Family Promise of Roane County works in collaboration with faith-based organizations, civic groups and concerned neighbors to shelter, nourish, transport and assist families with children who are experiencing homelessness. It is an affiliate of the national Family Promise organization which is a non-profit committed to helping homeless families achieve lasting independence. The organization provides help for family units and keeps families together.



How does it work? Local social service agencies refer families to Family Promise. A homeless family is housed in one facility for the duration of their stay in the program. Host churches provide meals on a rotational basis. There are now 15 host and support churches. A Day Center located in Rockwood is the hub of case management, offering phones, internet, mail services, laundry and shower facilities, a comfortable homelike setting with sofas and chairs, and a play area for preschool children. Older children attend school during their stay. Transportation for families is provided by a program van if the family does not have a vehicle. Volunteers are the heart of the program.

Family Promise also works with landlords and agencies to assist families to avoid losing housing. In the past month intervention was successful for three families (including 8 children). A grant has been secured to hire a part-time case manager to help with this program expansion. Family Promise of Roane County's greatest needs are food and gas gift cards, and money for auto repairs and crisis issues (high utilities, medical needs, etc.).

### Caregiver Support Group

Caring for a loved one living with dementia can be a long lonely journey, and one that cannot be taken alone. Support is critical! Alzheimer's Tennessee and Keystone Adult Day Program offer a monthly caregiver support group that meets on the second Thursday of each month from 12:30-2:30 in Parlor 202. Professionals trained in dementia care and other caregivers will give you tools to help you manage your caregiving journey. For more information, contact the Keystone office at 483-6631. Reservations and masks required – all are welcome.

## In the Hospitals

Judy Altman (MMC)  
Dave Tull (Parkwest)

## Our Gifts

Offering This Week: \$16,963.85  
2022 YTD offering: \$241,061  
2021 YTD offering: \$277,025  
Monthly Mission Offering: \$1,420

## Have You Considered?

- making gifts of stocks, land, and other securities to our church?
- leaving part of your estate to our church?

Talk to Linda Bowen for more info

## Pastors

Mark Flynn, lead  
Jenny Caughman, spiritual care  
Seth O'Kegley-Gibson, worship

## Contact Information

865.483.4357 [www.fumcor.org](http://www.fumcor.org)  
Pastor on call: 865.272.9862

## Worship for March 6

First Sunday in Lent

**Sermon: The Heart of Temptation**  
**Deuteronomy 26:1-11; Psalm 91:1-2, 9-16;**  
**II Corinthians 5:16-17, 20-21; Luke 4:1-13**  
8:45 & 11:00 am Traditional Services  
11:00 am Contemporary Service  
Preaching: Mark Flynn



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## Recovery Ministry Mission Statement

In their first few months as an organized group, the members of our newly-formed Recovery Ministry Committee have been working hard to lay a strong foundation for "First Recovery," the name under which their programs will take place. Chaired by Caroline Beidler and with staff support by Matt Holder, the Committee is pleased to officially announce their mission statement.

*First Recovery is a Christ-centered ministry dedicated to supporting those suffering from substance misuse and addiction and aiding their families. First Recovery embodies the love of God by providing needed assistance to overcome difficulties and regain hope.*

The Committee members are looking forward to implementing these values and principles in the future and serving individuals in our congregation and community. If you or someone you know is struggling with substance misuse or addiction, please contact Matt Holder at [mholder@fumcor.org](mailto:mholder@fumcor.org) or call the church office.

## Many Thanks!

Mr. Seth Wheatley wishes to express his gratitude for all the loving support he received last week on his 100th birthday! He is overwhelmed with joy at the 43 cards, 20 phone calls, and numerous personal visits from church members and friends. He thanks God and our FUMCOR congregation for helping him arrive at this amazing milestone!

## Stephen Ministers Are Here to Help

Are you, or is someone you know going through a difficult time? Would it be helpful to have someone to talk with and to pray with? Stephen Ministers are trained members of our congregation who listen, care, encourage, and provide emotional and spiritual support to people who are facing a crisis or going through tough times. The care people receive from a Stephen Minister is confidential, free, and distinctly Christian. Your Stephen Minister will walk with you as long as the two of you decide is necessary and helpful. To learn how you—or a friend, neighbor, coworker, or relative—can receive care, talk to Mark, Seth, Jenny or any of our Stephen Leaders: Peg Ashline, Ann Siemsen, Anne Leitnaker or Dan Ingersoll.